# - HOME BEAUTY-





### LUXURY FACIALS

La Biosthetique is advanced naturally active skincare. This beautiful range was one of the first natural groundbreaking brands launched in 1950's Paris. Every year it's evolving using only the purest ingredients for skin and body to hair loss treatments, haircare and colour it was the first brand to become a 'Total Beauty Concept.'

I will carry out a complimentary consultation on your first appointment.





# LA BIOSTHETIQUE®

#### ANGEL TOUCH MASSAGE

We often wish to experience a new and incomparable treatment, the new and unknown help us to completely focus on the sensations of this massage technique. These soft brushes induce a feeling of calm whilst aiding lymphatic drainage which helps reduce puffiness and congestion.



#### **TASTER FACIAL**

Suitable for all skin types. Deep cleanse, mask & scalp massage. **30min - £32** 

#### **SOOTHE & CALM**

For any skin type, including sensitive. A full facial experience. 55min - £50

#### **HYDRATE & GLOW**

For dull / dehydrated skin. Full facial to encourage a brighter, more radiant complexion. **55min - £50** 

#### **MARINE FACIAL**

Dry / Dehydrated / menopausal skin. Full facial inc a natural face lifting massage and firming algae mask. 60min - £60

ADD ON an Ice Ball Massage to any facial. (reduces puffiness, firms, reduces redness & brightness skin)

55min/60min facials include an angel touch massage plus a therapeutic face, neck, shoulder & scalp massage.



### MASSAGE THERAPY

From relaxation to firm Swedish the main benefits of massage include :

A reduction of muscle tension & knots
It helps to manage stress & anxiety
Relaxes Detoxifies & Boosts the immune system
Improves sleep and wellbeing

Choose your preferred pressure & treatment time:

25min - £30 40min - £40 55min - £50 70min - £60 90min - £75

Deep tissue upgrade - £5 Aromatherapy oil upgrade - £5

#### Bespoke Back Massage & Facial

60 min - £55

#### Indian Head Massage

Deep therapeutic massage concentrating on blocked energy meridians to release tension in the neck shoulders face & scalp 30min - £35

#### Zen Massage

Total body experience, this is pure bliss, recommended. For stressed out souls, menopause or pregnancy 70min - £70.

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I hope you understand I take a 50% deposit on booking, I kindly ask if you need to cancel or reschedule to please give me at least 48hrs notice or your deposit will be retained .

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